



# RSE through Come and See



## YEAR 1

<b>YEAR 1</b>		
<b>FAMILIES</b>	God's love and care for every family	<ul style="list-style-type: none"><li>• How families show love and care for each other</li><li>• God's love and care for them and their families.</li><li>• How God shows love and care for individuals, families and all of creation</li></ul>
<b>BELONGING</b>	Baptism an invitation to belong to God's family	<ul style="list-style-type: none"><li>• What it feels like to belong</li><li>• The experience of belonging to their family and the Church family</li><li>• How babies are welcomed into the Church family</li><li>• Parents are blessed</li></ul>
<b>WAITING</b>	Advent a time to look forward to Christmas	<ul style="list-style-type: none"><li>• How we feel when we are waiting</li><li>• Why waiting can be difficult at times</li><li>• Others may help us as we wait</li><li>• We can help others</li></ul>
<b>SPECIAL PEOPLE</b>	People in the parish family	<ul style="list-style-type: none"><li>• Special people help us</li><li>• What makes a person special</li><li>• How we can love and serve each other</li><li>• There are people who do special jobs at Mass when the parish family gathers</li><li>• Some of ways in which these people help</li></ul>
<b>MEALS</b>	Mass; Jesus' special meal	<ul style="list-style-type: none"><li>• What important for a happy meal</li><li>• What makes a family meal special</li><li>• Preparation for a meal</li><li>• How we love and serve Jesus</li><li>• How it is good to say thank you for our meals</li></ul>
<b>CHANGE</b>	Lent a time for change	<ul style="list-style-type: none"><li>• How the season change.</li><li>• The ways we change and grow in love and kindness.</li><li>• How we can change and make a new start in Lent.</li></ul>
<b>HOLIDAYS AND HOLYDAYS</b>	Pentecost: the feast of the Holy Spirit	<ul style="list-style-type: none"><li>• Why are holidays different from ordinary days</li><li>• What makes holidays happy times</li><li>• How holidays are times to relax and do something different</li><li>• We should thank God for holidays and our wonderful world</li></ul>
<b>BEING SORRY</b>	God helps us to choose well	<ul style="list-style-type: none"><li>• Making choices that help us feel happy.</li><li>• Making choices that make us feel unhappy.</li><li>• What helps us to make good choices</li></ul>

		<ul style="list-style-type: none"> <li>• How would it be if everyone followed Jesus' new rule to 'love one another'</li> <li>• Sometimes hard to say sorry and to forgive.</li> <li>• It is good to say sorry</li> <li>• The end of the day is a good time to reflect on the choices made and to ask God's forgiveness</li> </ul>
<b>NEIGHBOURS</b>	Neighbours share God's world	<ul style="list-style-type: none"> <li>• Who is our neighbour</li> <li>• What makes a good neighbour</li> <li>• How we can be a good neighbour</li> <li>• What happens if someone is not a good neighbour</li> </ul>

## Journey In Love

### Year 1 – We meet God's love in our family

#### **Physical**

Who is in my family?

How many children have babies in their family?

Babies come in different sizes; some have long legs, some with hair, some without hair, some big, some small.

How fast babies change and grow.

#### **Social**

Home research.

Parents share the wonder and excitement of these moments of growth and development for them.

#### **Emotional**

What are the happiest moments in your family?

What are the saddest moments in your family?

How is love shown in your family?

#### **Intellectual**

Why do we need to grow up in families?

What happens if you grow up without a family?

Would it be a happy experience?

What would you miss? How would life be different?

#### **Spiritual**

We are members of God's family.

How were we born into God's family?

What special title do we give to God as members of God's family? E.g. Our Father, Jesus our Brother, Holy Spirit our Friend and Guide.