

# How to keep your child safe online

The internet is like a magician's hat. It's full of exciting things to discover and kids love it. But while they seem to know what they're doing, sometimes their parents don't – and that can be a worry.

That's why the NSPCC and O<sub>2</sub> have partnered to help parents keep their kids safe online. Here are some of the things you can do, and some of the ways we can help – every step of the way.



## So what can you do?

### 1. Explore

Explore and understand the apps, games and sites your child uses and get to know your child's online world better.

### 2. Talk

Chat to your child about their online world, just as you'd ask about their day at school.

### 3. Agree

Set out the family rules to live well online. Discuss and agree ground rules and make sure you're a good role model.

### 4. Manage

Make the technology work for you. Adapt privacy settings and use parental controls where necessary.



Let's keep kids safe online

